Krav Maga Kentucky
Class Schedule 2020

\*Effective as of January 15th, 2020

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## Monday

* **12:00pm–1:00pm** ALL LEVELS – Adult Krav Maga
* **6:00-6:45pm** YOUTH CLASS – Krav Maga (yellow belt and above)
* **6:45-7:30pm** YOUTH CLASS – Krav Maga (white belt)

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## Tuesday

* **6:00-7:00pm** FOUNDATION & LEVEL 1 – Adult Krav Maga
* **7:05-8:05pm** LEVEL 2 – Adult Krav Maga
* **8:10-9:10pm** LEVEL 3 – Adult Krav Maga

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## Wednesday

* **6:00-6:45pm** YOUTH CLASS – Krav Maga (yellow belt and above)
* **6:45-7:30pm** YOUTH CLASS – Krav Maga (white belt)
* **7:30-8:30pm** JUDO – Judo of Lexington ages 8-80
* **8:30-9:00pm** JUDO ADVANCED – Judo of Lexington ages 8-80

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## Thursday

* **6:00-7:00pm** FOUNDATION & LEVEL 1 – Adult Krav Maga
* **7:05-8:05pm** LEVEL 2 – Adult Krav Maga
* **8:10-9:10pm** LEVEL 3 – Adult Krav Maga

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## Friday

* **12:00pm–1:00pm** ALL LEVELS – Adult Krav Maga

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## Saturday

* **10:00am-11:30am** ALL LEVELS – Adult Krav Maga